

PREPARE FOR YOUR JOURNEY

# Planning & packing



## Your trip is booked. What happens next?

Kattuk is your point of contact for flight and ground arrangements. We will confirm where and when to meet and keep you informed about weather and operational changes. If weather prevents the scheduled departure, we will check whether the following day is available; a backup date is not guaranteed.

## Your guide and fishing equipment

Your guide accompanies the fishing day, with Jeep transfers between selected pools. Professional fly-fishing equipment is provided, including chest waders, rods, reels, flies and nets. Confirm sizing, your experience and any equipment preferences with us before travel.

## Dress for the river

Wear layers for changeable, exposed Highland conditions. Bring rain and wind protection. Confirm footwear and wading arrangements with your guide; riverbanks can be rocky, slippery and uneven. Tell us about mobility concerns or other requirements before booking.

## READY FOR THE DAY

# Pack light. Come prepared.

- Layered outdoor clothing and waterproof, windproof outerwear
- Suitable footwear, confirmed with your guide; spare dry socks if advised
- Hat, sunglasses, sunscreen and lip balm
- Water bottle and personal snacks; lunch is included
- Camera or binoculars, with weather protection
- Essential personal medication
- Your valid fishing licence for the date and species you will fish

## Baggage and passenger information

Keep personal bags light. Tell Kattuk about any additional equipment before departure. Accurate personal and baggage weights are needed for aircraft loading; allowances depend on your group, aircraft and route. The Sable Island weight thresholds do not apply to this tour.

## Cell reception and washrooms

Cell reception may be limited or unavailable in the valley. Washrooms are available at the helicopter terminal; there is no washroom aboard the helicopter. Guides carry a wilderness washroom kit and can discuss possible facilities along the route.

Salmon and trout require different Nova Scotia licences. Confirm your tour date and intended fishing with Kattuk before buying a date-specific licence. Apply online using the official provincial pages and carry your licence while fishing.

[Apply for a Salmon Fishing Licence](#)

[Apply for a General Fishing Licence \(trout and other species\)](#)

Questions before you go? Email [info@kattukexpeditions.com](mailto:info@kattukexpeditions.com). Your latest booking email confirms final meeting times, weather arrangements and any trip-specific instructions.